



# **Greetings from Upward Bound!**

Winter is coming....that now-popular phrase usually implies cold, darkness, and trouble ahead, but that's not UB style! Instead, we'll focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat. There's also time with family and friends.

Speaking of friends, we will soon be officially welcoming many new Upward Bound friends! Acceptance letters will soon be going out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and congratulations as they begin working toward a brighter future.

Upward Bound Central staff is hard at work. We're finishing

up selecting new participants, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Believe it or not, summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission process. Don't forget to check on your due dates!

This year we've also begun One-on-One sessions with Central UB staff. These have been going really well so far, as it allows Jackie and Rachel to keep up with students inbetween Saturday Academies and answer questions immediately. If you haven't scheduled your One-on-Ones yet, make sure you do ASAP!

These two resources are proving to be fantastic ways to help us go even further toward assisting students as they progress toward future success! We know you've been working hard this semester. Luckily, you've got a nice break just around the corner to look forward to. We hope that all UBers finish the semester smoothly and that you all have a wonderful break. Don't forget the Hot Cocoa!



# **Special Points of interest:**

- Saturday, January 19, 2019
   Regular Saturday Academy &
   New Participant Orientation –
   8:30-12:30 PM
- Saturday, January 19, 2019
   New Participant Orientation –
   11:30-12:00 PM
- Saturday, February 23, 2019
   Saturday Academy and National
   TRiO Day Celebration 8:30-2:00
   PM (families encouraged to attend)

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# **Looking to the Future**

# -College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2018, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like. That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

### University of Missouri-Columbia

In October, students from UB, UBMS and SSS traveled over four hours to Columbia, MO to see MIZZOU. This made for an early morning, but the excitement and energy everyone shared kept them all going.



### Missouri State University

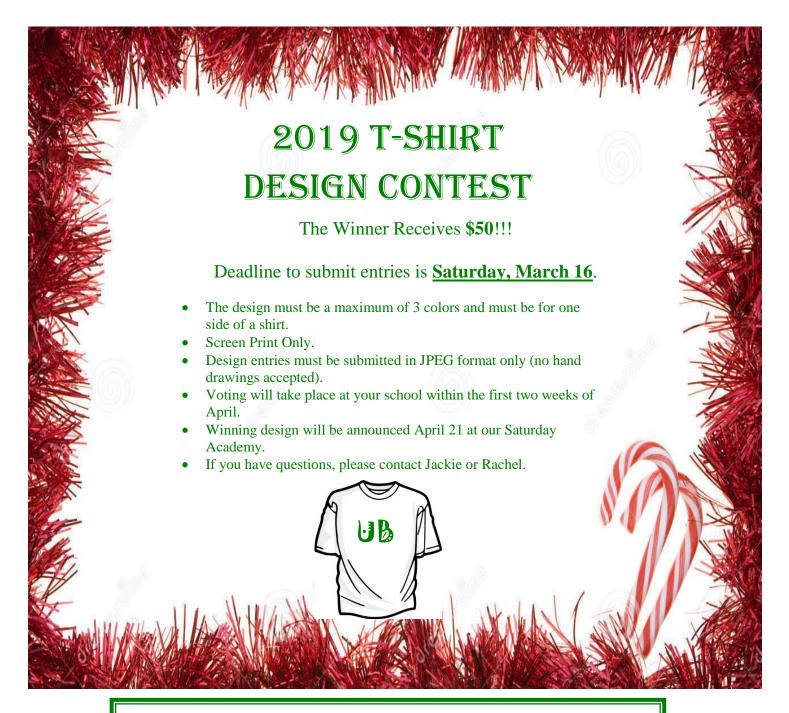
The next week, six Juniors and Seniors traveled to Springfield, MO to see Missouri State. It was a dreary, wet day, but a great time was had by all.



### University of Nebraska, Lincoln

Finally, early in November, three Seniors traveled to Lincoln, NE to see UNL. While it started as a chilly day, the weather warmed up and the sun was shining. We got to see a beautiful campus in the sunshine. It was a great day!





# JOB-SHADOW/WORK-STUDY SUMMER 2019

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2019 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 23, 2019**. Contact Rachel with any questions.



# **IMPORTANT DATES**

# SPRING 2019 SATURDAY ACADEMY DATES

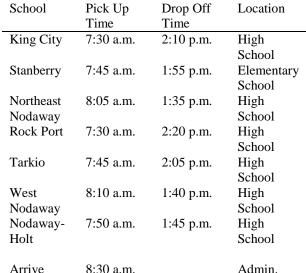
Upward Bound Saturday Academies take place from 8.30 AM-12.30 PM on the 3<sup>rd</sup> floor of the Administration Building at Northwest Missouri State University

January 19	Regular Session  – Visitors welcome (New Student/Parent Orientation)
February 23 8:30 AM - 2:00 PM	Regular Session/TRiO Day (families encouraged to attend)
March 16	Regular Session
April 6	Regular Session



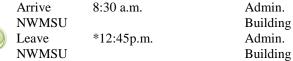
# Saturday Academy Bus Schedule













<sup>\*\*</sup> Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.



# **New Student Orientation**Saturday, January 19, 2019

All new Upward Bound students (and their families) will attend a New Student Orientation at 11:30-12:00 PM in Garrett-Strong 2550, during our Saturday Academy.

\* Parents/Families are more than welcome to ride the bus with students, or choose to only attend the New Student Orientation.
Mileage Reimbursements are available.

# **ACT Test Dates**

Test Date	Registration Deadline	Late Fee Required
Feb. 9, 2019	Jan. 11, 2019	Jan. 12-18, 2019
April 13, 2019	March 8, 2019	Mar. 9-25, 2019
June 8, 2019	May 3, 2019	May 4-20, 2019
July 13, 2019	June 14, 2019	June 15-24, 2019

# Always use the Upward Bound code: 9713

# 2019 UB Summer Session June 2-July 5

2019 Summer Enrichment Trip July 8-12

## **UB Contact Information**

Office: 660-562-1630 Fax: 660-562-1631

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<sup>\*\*</sup>Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.